Columbia High School
(G) V Cross Country

Coaches:

- Zachary Yannone, Head Coach
- Reghan Meek, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season	Albany High School, Colonie High School, Shaker High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Sep 17, 2019	Tue	Regular Season	Schenectady High School, Troy @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Sep 24, 2019	Tue	Regular Season	Saratoga Springs High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 2, 2019	Wed	Regular Season	Shenendehowa High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 12, 2019	Sat	Regular Season (Glover Invitational - Maple Hill HS)	Rensselaer, Hoosick Falls, Gloversville, DO NOT USE Ichabod Crane (X), Taconic Hills, Catskill, Ravena-Coeymans-Selkirk, Albany High School @ Maple Hill	10:30 AM	11:00 AM	MHHS Cross Country Course		NL
Oct 15, 2019	Tue	Regular Season	Ballston Spa High School, Niskayuna High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2026-11-26