Columbia High School (G) V Cross Country

Coaches:

- Ashley Gansle, Head Coach
- Zachary Yannone, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-----------------------------|--|---------------|-------------|-------------------------------|----------------|----------------------------|
| Sep 12, 2023 | Tue | Regular Season | Shenendehowa High School, Schenectady High School @ Colonie High School | 4:15 PM | 5:55 PM | Colonie Town Park | | L |
| Sep 19, 2023 | Tue | Regular Season | Burnt Hills-Ballston Lake HS, Albany High School @ Shaker High School | 4:15 PM | 5:55 PM | Colonie Town Park | | L |
| Oct 10, 2023 | Tue | Regular Season | Averill Park High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | | L |
| Oct 28, 2023 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:00 PM | 3:55 PM | Saratoga Spa State Park | | NL |

Date: 2024-05-06

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