

Coaches:

• Lisa Johnas, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 1, 2025	Mon	Regular Season	@ Niskayuna High School	4:00 PM	5:55 PM	Boulevard Bowl		L
Dec 8, 2025	Mon	Regular Season	Colonie High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Dec 10, 2025	Wed	Regular Season	Shaker High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Dec 11, 2025	Thu	Regular Season	Schenectady High School (Girls Varsity Bowling)	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Dec 15, 2025	Mon	Regular Season	Ballston Spa High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Dec 18, 2025	Thu	Regular Season	Saratoga Springs High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Jan 5, 2026	Mon	Regular Season	@ Averill Park High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Jan 6, 2026	Tue	Regular Season	@ Colonie High School	4:00 PM	5:55 PM	KingPin's Alley Latham		L
Jan 8, 2026	Thu	Regular Season	@ Bethlehem High School	4:00 PM	5:55 PM	Del Lanes		L
Jan 12, 2026	Mon	Regular Season	Bethlehem High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Jan 13, 2026	Tue	Regular Season	@ Schenectady High School (Girls Varsity Bowling)	4:00 PM	5:55 PM	Boulevard Bowl		L
Jan 15, 2026	Thu	Regular Season	Averill Park High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Jan 20, 2026	Tue	Regular Season	@ Shaker High School	4:00 PM	5:55 PM	Kingpin's Alley		L
Jan 22, 2026	Thu	Regular Season	Niskayuna High School	4:00 PM	5:55 PM	East Greenbush Bowling Center		L
Jan 27, 2026	Tue	Regular Season	@ Ballston Spa High School	4:00 PM	5:55 PM	Saratoga Strike Zone		L
Jan 29, 2026	Thu	Regular Season	@ Saratoga Springs High School	4:00 PM	5:55 PM	Saratoga Strike Zone		L
Feb 3, 2026	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	6:55 PM	Boulevard Bowl		NL

Date: 2025-12-05