



Colonie High School

(G) V Wrestling

Coaches:

- Eliah Golding, Head Coach
- Eliah Golding

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2023	Wed	Regular Season	@ Bethlehem High School	5:00 PM		High School Gym A		L
Dec 3, 2023	Sun	Regular Season (LA SALLE INSTITUTE, TROY)	@ TBD	8:00 AM		TBD		L
Dec 6, 2023	Wed	Regular Season (Town Belt)	Shaker High School	5:00 PM	6:30 PM	Colonie High School PIT (Secondary Gymnasium)		L
Dec 10, 2023	Sun	Regular Season (Colonie Novice/Girls Youth)	TBD	TBD		Colonie High School MUG (Main Gymnasium)		L
Dec 13, 2023	Wed	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:00 PM		Colonie High School PIT (Secondary Gymnasium)		L
Dec 15, 2023	Fri	Regular Season (Niskayuna Tournament)	TBD, Shaker High School, Salem (Salem-Cambridge), Shenendehowa High School, Guilderland High School, Burnt Hills-Ballston Lake HS, Whitehall, Bethlehem High School @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	4:00 PM		Niskayuna High School	Departure Time: 3:30 PM	NL
Dec 20, 2023	Wed	Regular Season	Guilderland High School	5:00 PM		Colonie High School MUG (Main Gymnasium)		L
Dec 28, 2023	Thu	Regular Season	@ TBD	7:00 AM		Coxsackie-Athens HS	Departure Time: 6:00 AM	L
Jan 3, 2024	Wed	Regular Season	Bethlehem High School	5:00 PM		Colonie High School PIT (Secondary Gymnasium)		L
Jan 6, 2024	Sat	Regular Season (Kristie Stenglein-Davis Girls)	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling), Shaker High School, Maple Hill, Holland Patent, Watervliet (Watervliet)	9:00 AM		Colonie High School MUG (Main Gymnasium)		NL
Jan 7, 2024	Sun	Regular Season (Colonie Youth Tournament)	TBD	TBD		Colonie High School MUG (Main Gymnasium)		L
Jan 10, 2024	Wed	Regular Season	@ Columbia High School	5:00 PM	6:00 PM	Columbia H.S.	Departure Time: 3:15 PM	L
Jan 18, 2024	Thu	Regular Season 32-21 W	@ Burnt Hills-Ballston Lake HS	5:00 PM		BH-BL HS Gym	Departure Time: 3:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 21, 2024	Sun	Meet (Queen Bison Invitational)	Vs. Multiple	9:00 AM		Shaker High School- H Gym	Departure Time: 6:30 AM	NL
Jan 23, 2024	Tue	Regular Season	@ Schenectady High School (Niskayuna/Schenectady)	5:00 PM		Niskayuna High School		L
Jan 23, 2024	Tue	Regular Season	@ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:00 PM		Niskayuna High School	Departure Time: 3:15 PM	L

Date: 2025-12-05