



Colonie High School

(G) V Gymnastics

Coaches:

- Keshia Ramirez

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2024	Sat	Meet (Twists Turns & Toys)	Vs. Multiple	10:00 AM		Shaker High School- H Gym		NL
Dec 11, 2024	Wed	Regular Season	@ Saratoga Springs High School	6:00 PM		YMCA Wilton Branch		L
Dec 18, 2024	Wed	Regular Season	Bethlehem High School	6:00 PM		Shaker High School- H Gym		L
Jan 8, 2025	Wed	Regular Season 157-149 W	Guilderland High School	6:00 PM		Shaker High School- H Gym		L
Jan 10, 2025	Fri	Regular Season (Tri Team Invy)	Bethlehem High School @ Saratoga Springs High School	4:30 PM		YMCA Wilton Branch		L
Jan 13, 2025	Mon	Regular Season 156-157 L	@ Guilderland High School	6:00 PM	8:30 PM	Lynnwood Elementary		L
Jan 15, 2025	Wed	Regular Season	Saratoga Springs High School	6:00 PM		Shaker High School- H Gym		L
Jan 24, 2025	Fri	Regular Season (Livlikeliv)	@ Saratoga Springs High School	4:30 PM		YMCA Wilton Branch		L
POSTPONED Jan 31, 2025	Fri	Meet (Tumble For Hunger)	Vs. Multiple	4:00 PM	8:00 PM	High School Gym C		NL
Jan 31, 2025	Fri	Regular Season	@ Bethlehem High School	6:00 PM	8:00 PM	Shaker High School		L
Feb 5, 2025	Wed	Regular Season (Suburban Council All Around)	TBD @ Saratoga Springs High School	4:30 PM		YMCA Wilton Branch		L
Feb 12, 2025	Wed	Post-Season (Sectionals)	TBD	4:30 PM		Shaker High School- H Gym		L

Date: 2025-12-14