



Colonie High School

(G) V Gymnastics

Coaches:

- Keshia Ramirez

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------------|-------------------------------------------------------------------------------|------------|----------|---------------------------|----------------|---------------------|
| Nov 19, 2021 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 2, 2021 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 3, 2021 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 4, 2021 | Sat | Meet (Shaker Invitational) | Vs. Multiple | 10:00 AM | | Shaker High School- H Gym | | NL |
| Dec 8, 2021 | Wed | Meet (Tumble For Hunger) | Vs. Multiple | 4:30 PM | 6:30 PM | High School Gym C | | NL |
| Dec 9, 2021 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 10, 2021 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 15, 2021 | Wed | Regular Season 151-147 W | Guilderland High School | 6:00 PM | | Shaker High School- H Gym | | L |
| Dec 16, 2021 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 17, 2021 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Dec 22, 2021 | Wed | Regular Season 151-162 L | Bethlehem High School | 6:00 PM | | Shaker High School- H Gym | | L |
| Dec 29, 2021 | Wed | Regular Season (THINK PINK) | Bethlehem High School, Saratoga Springs High School @ Guilderland High School | 4:30 PM | | Lynnwood Elementary | | NL |
| Jan 13, 2022 | Thu | Regular Season | @ Bethlehem High School | 6:00 PM | | High School Gym C | | L |
| Jan 14, 2022 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Jan 19, 2022 | Wed | Regular Season 153-141 W | @ Guilderland High School | 6:00 PM | 8:00 PM | Lynnwood Elementary | | L |
| Jan 20, 2022 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Jan 21, 2022 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Jan 27, 2022 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Jan 28, 2022 | Fri | Regular Season (Purple Passion at Saratoga) | Guilderland High School @ Saratoga Springs High School | 4:30 PM | 8:15 PM | YMCA Wilton Branch | | L |
| Jan 30, 2022 | Sun | Regular Season | @ Saratoga Springs High School | 1:00 PM | | YMCA Wilton Branch | | L |
| Feb 2, 2022 | Wed | Regular Season | Saratoga Springs High School | 6:00 PM | | Shaker High School- H Gym | | L |
| Feb 3, 2022 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |

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|------------------------|----------|----------------------------------------------|--------------|------------|----------|---------------------------|----------------|---------------------|
| Feb 4, 2022 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Feb 9, 2022 | Wed | Regular Season (Suburban Council All-Around) | @ TBD | 6:00 PM | | Wilton YMCA | | L |
| Feb 10, 2022 | Thu | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Feb 11, 2022 | Fri | Practice | N/A | 3:00 PM | | World Class Gymnastics | | |
| Feb 16, 2022 | Wed | Meet (Sectionals) | Vs. Multiple | 4:30 PM | | Shaker High School- H Gym | | NL |
| CANCELLED Feb 16, 2022 | Wed | Post-Season (Sectionals) | TBD | 4:30 PM | | Shaker High School- H Gym | | L |

Date: 2025-12-05