

## Coaches:

- John Dolny, Head Coach
- Joseph Repko, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 14, 2022	Wed		@ Guilderland High School (Modified)	4:15 PM	6:15 PM	Farnsworth Middle School Main Gym		L
POSTPONED Dec 16, 2022	; Fri		Guilderland High School (Modified), Albany High School, Averill Park High School, Bethlehem High School, Columbia High School	4:00 PM		Colonie High School MUG		L
Dec 21, 2022	Wed	Regular Season	Bethlehem High School	4:15 PM	6:15 PM	Colonie High School PIT		L
Jan 4, 2023	Wed	Regular Season	@ Averill Park High School	4:15 PM		AMS Main Gymnasium	Departure Point: Lisha Kill MS Departure Time: 3:10 PM	L
Jan 11, 2023	Wed	Regular Season	Saratoga Springs High School	4:15 PM	6:15 PM	Lisha Kill Middle School		L
Jan 18, 2023	Wed	Regular Season	@ Ballston Spa High School	4:15 PM		Middle School Gym	Departure Point: Lisha Kill MS Departure Time: 3:10 PM	L
Jan 28, 2023	Sat	Regular Season	Burnt Hills-Ballston Lake HS (Modified), Schenectady High School (Modified Wrestling), Niskayuna High School (Modified), Saratoga Springs High School @ Columbia High School	10:00 AM	2:00 PM	Columbia H.S.	Departure Point: Lisha Kill MS Departure Time: 8:15 AM	L
Feb 1, 2023	Wed		Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	6:15 PM	Lisha Kill Middle School		L
Feb 8, 2023	Wed	Regular Season	Albany High School, Schenectady High School (Modified Wrestling), Guilderland High School (Modified)	4:15 PM		Lisha Kill Middle School		L
POSTPONED Feb 15, 2023	Wed		Schenectady High School (Modified Wrestling)	4:15 PM		Lisha Kill Middle School		L

Date: 2024-05-21