

Coaches:

• John Dolny, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 4, 2024	Wed	Regular Season	@ Albany High School	6:00 PM	8:55 PM	Albany High School Gym A		L
Dec 7, 2024	Sat	Regular Season (Burnt Hills JV Tournament)	Saratoga Springs High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Albany High School, Hudson Falls, Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Shaker High School @ Burnt Hills-Ballston Lake HS	10:00 AM	8:00 PM	BH-BL HS Gym	Departure Time: 6:45 AM	NL
Dec 11, 2024	Wed	Regular Season	Schenectady High School (JV Wrestling)	6:00 PM	8:55 PM	Colonie High School PIT (Secondary Gymnasium)		L
Dec 14, 2024	Sat	Regular Season (Linda Stuart Duals)	TBD	TBD		Colonie High School MUG (Main Gymnasium)	Departure Point: High School	NL
Dec 18, 2024	Wed	Regular Season	Christian Brothers Academy, Albany	6:00 PM	8:55 PM	Colonie High School MUG (Main Gymnasium)		L
Dec 21, 2024	Sat	Regular Season (Niskayuna JV Tournament)	Saratoga Springs High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Salem (Salem-Cambridge), Ballston Spa High School, Shaker High School, Scotia- Glenville @ Niskayuna High School	10:00 AM		NHS NEW GYM	Departure Time: 7:00 AM	NL
Dec 30, 2024	Mon	Regular Season	@ Amsterdam (Amsterdam)	7:00 AM		Amsterdam High School Gym	Departure Point: High School Departure Time: 6:15 AM	NL
Jan 8, 2025	Wed	Regular Season	@ Saratoga Springs High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 9, 2025	Thu	Regular Season	Shenendehowa High School	6:00 PM	8:55 PM	Colonie High School PIT (Secondary Gymnasium)		L
Jan 17, 2025	Fri	Regular Season	@ Shaker High School	6:00 PM		Colonie Center		L
Jan 22, 2025	Wed	Regular Season (Crossover Dual Meet)	TBD	TBD		Colonie High School MUG (Main Gymnasium)	Departure Point: High School	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 25, 2025	Sat	Regular Season (Guilderland JV Tournament)	Saratoga Springs High School, Shenendehowa High School, Burnt Hills- Ballston Lake HS, Amsterdam (Amsterdam), Schenectady High School (JV Wrestling), Coxsackie-Athens, Hudson Falls, Ballston Spa High School, Maple Hill @ Guilderland High School	9:30 AM		Guilderland High School West (Big) Gym	Departure Time: 6:30 AM	NL

Date: 2025-12-19