

Coaches:

• Matt Stenglein, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 28, 2023	Tue	Regular Season	@ Saratoga Springs High School	6:00 PM	7:30 PM	Saratoga Springs High School	Departure Time: 4:00 PM	L
Dec 2, 2023	Sat	Regular Season (JV wrestling tournament)	Shenendehowa High School, Schenectady High School (JV Wrestling), Saratoga Springs High School, Shaker High School @ Burnt Hills-Ballston Lake HS	8:00 AM		BH-BL HS Gym		NL
Dec 10, 2023	Sun	Regular Season (Colonie Novice/Girls Youth)	TBD	TBD		Colonie High School MUG		L
Dec 13, 2023	Wed	Regular Season	Niskayuna High School	6:00 PM	7:30 PM	Colonie High School PIT		L
Dec 16, 2023	Sat	Regular Season (Tournament at Niskayuna)	Christian Brothers Academy, Albany, Shenendehowa High School, Ballston Spa High School, Shaker High School, Saratoga Springs High School, Scotia-Glenville, Schenectady High School (JV Wrestling) @ Niskayuna High School	10:00 AM		High School		NL
Dec 20, 2023	Wed	Regular Season	Guilderland High School	6:00 PM	7:30 PM	Colonie High School MUG		L
Jan 3, 2024	Wed	Regular Season	Bethlehem High School	6:00 PM	7:30 PM	TBD		L
Jan 6, 2024	Sat	Regular Season (Kristie Stenglein- Davis Girls)	TBD	TBD		Colonie High School MUG		L
Jan 7, 2024	Sun	Regular Season (Colonie Youth Tournament)	TBD	TBD		Colonie High School MUG		L
Jan 10, 2024	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	7:30 PM	Shen High School East Gym 1 (Main)	Departure Time: 4:00 PM	L
Jan 18, 2024	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Gym	Departure Time: 4:00 PM	L
Jan 20, 2024	Sat	Regular Season (Guilderland JV Tournament)	Hudson Falls, Shenendehowa High School, Schenectady High School (JV Wrestling), Christian Brothers Academy, Albany, Ballston Spa High School, Saratoga Springs High School, Niskayuna High School, Burnt Hills- Ballston Lake HS @ Guilderland High School	9:45 AM	8:00 PM	Guilderland High School East Gym		NL

DATE	WEE! DAY	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 25, 2024	Thu	Regular Season	@ Schenectady High School (JV Wrestling)	6:00 PM	7:00 PM	Pat Riley Sports Center- Main Gym	Return Date: Return Time: 4:00 PM	L
Jan 27, 2024	Sat	Regular Season (Town Belt)	Shaker High School	11:30 AM		Colonie Center		L

Date: 2024-05-20