

Coaches:

- Matt Stuart, Head Coach
- Henry Rosenzweig, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|--|---------------|-------------|--|---|----------------------------|
| Nov 27, 2023 | Mon | Scrimmage | Coxsackie-Athens, Amsterdam (Amsterdam), Shaker High School @ Greenville | 5:30 PM | | Greenville HS Gym | Departure Time: 2:30 PM | L |
| Nov 28, 2023 | Tue | Regular Season 12-62 L | @ Saratoga Springs High School | 6:00 PM | 7:30 PM | Saratoga Springs High School | Departure Time: 4:00 PM | L |
| Dec 2, 2023 | Sat | Regular Season (1st Annual Doug Jones Dual Meet Tournament) | @ Mohonasen | 7:30 AM | | TBD | Departure Point: High School Departure Time: 7:00 AM | L |
| Dec 13, 2023 | Wed | Regular Season 52-18 W | Niskayuna High School | 6:00 PM | 7:30 PM | Colonie High School PIT (Secondary Gymnasium) | | L |
| Dec 16, 2023 | Sat | Regular Season (Thomas Chickanis Memorial Tournament) | @ Hudson Falls | 7:30 AM | | Hudson Falls HS | Departure Point: High School Departure Time: 6:15 AM | L |
| Dec 20, 2023 | Wed | Regular Season 45-24 W | Guilderland High School | 6:00 PM | 7:30 PM | Colonie High School MUG (Main Gymnasium) | | L |
| Jan 3, 2024 | Wed | Regular Season 21-44 L | Bethlehem High School | 6:00 PM | | Colonie High School PIT (Secondary Gymnasium) | | L |
| Jan 6, 2024 | Sat | Regular Season | Cairo-Durham | 8:00 AM | 2:00 PM | Colonie High School PIT (Secondary Gymnasium) | | NL |
| Jan 6, 2024 | Sat | Regular Season (The Kristie Stenglein-Davis Girls wrestling tournament) | Amsterdam (Amsterdam) | 10:15 AM | | Colonie High School MUG (Main Gymnasium) | | NL |
| Jan 7, 2024 | Sun | Regular Season (Colonie Youth Tournament) | TBD | TBD | | Colonie High School MUG (Main Gymnasium) | | L |
| Jan 10, 2024 | Wed | Regular Season | @ Shenendehowa High School | 6:00 PM | 7:30 PM | Shen High School East Gym 1 (Main) | Departure Time: 4:30 PM | L |

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|--------------|-------------|---|--|---------------|-------------|--|--------------------------------|----------------------------|
| Jan 13, 2024 | Sat | Regular Season (Schenectady Invitational) | Albany High School, Shenendehowa High School, Ballston Spa High School, Niskayuna High School, Saratoga Springs High School, Shaker High School, Burnt Hills- Ballston Lake HS @ Schenectady High School (Varsity Wrestling) | 7:00 AM | | Pat Riley Sports Center- Main Gym | | NL |
| Jan 18, 2024 | Thu | Regular Season 24-48 L | @ Burnt Hills- Ballston Lake HS | 6:00 PM | | BH-BL HS Gym | Departure Time: 4:15 PM | L |
| Jan 25, 2024 | Thu | Regular Season (Senior Night) | @ Schenectady High School (Varsity Wrestling) | 6:00 PM | | Pat Riley Sports Center- Main Gym | Departure Time: 4:30 PM | L |
| Jan 27, 2024 | Sat | Regular Season (Town Belt) 28-30 L | Shaker High School | 12:00 PM | | Colonie Center | | L |
| Feb 3, 2024 | Sat | Regular Season | Schenectady High School (Varsity Wrestling) | 9:00 AM | 3:00 PM | Colonie High School PIT (Secondary Gymnasium) | | NL |
| Feb 3, 2024 | Sat | Regular Season (Class A Championships) | Albany High School, Niskayuna High School, Shaker High School, Saratoga Springs High School, Schenectady High School (Varsity Wrestling), Bethlehem High School | 10:00 AM | | Colonie High School MUG (Main Gymnasium) | | NL |

Date: 2025-12-17