



# Colonie High School

## (B) V Winter Track

### Coaches:

- Lisa Paparone, Head Coach
- Michael Palmer, Asst Coach
- Jake Johnson, Asst Coach
- Gabe Young, Asst Coach
- Joseph Yamin, Asst Coach
- Brandon Sesay, Asst Coach
- Justin Bopp, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Dec 1, 2023	Fri	Regular Season (North Shore Season Opener)	@ TBD	4:00 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 11:00 AM	L
Dec 3, 2023	Sun	Regular Season (TCITL League Meet 1A)	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Dec 9, 2023	Sat	Regular Season (Jim Mitchell Invy)	@ TBD	4:00 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 11:00 AM	L
Dec 10, 2023	Sun	Regular Season (TCITL League Meet 2A)	@ TBD	8:00 AM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Dec 16, 2023	Sat	Regular Season (Energice Hall of Fame Meet)	@ TBD	9:00 AM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 5:00 AM	L
Dec 17, 2023	Sun	Regular Season (TCITL League Meet 3A)	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Dec 27, 2023	Wed	Regular Season (Boston Holiday Challenge)	@ TBD	TBD		Utica College	<b>Departure Point:</b> High School	L
Dec 28, 2023	Thu	Regular Season (TCITL League Meet 4D)	@ TBD	3:00 PM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 1:30 PM	L
Dec 30, 2023	Sat	Regular Season (Viking Games)	@ TBD	8:00 AM		Hudson Valley Community College	<b>Departure Point:</b> High School	L
Jan 5, 2024	Fri	Regular Season (Hispanic Games)	@ TBD	4:00 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 11:00 AM	L
Jan 12, 2024	Fri	Regular Season (Yale Invitational - Overnight)	@ TBD	TBD		Yale University New Haven , CT	<b>Departure Point:</b> High School	L
Jan 19, 2024	Fri	Regular Season (Officials Hall of Fame - 9th, 10th, and open level)	@ TBD	12:30 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 11:00 AM	L
Jan 20, 2024	Sat	Regular Season (Officials Hall of Fame - Varsity)	@ TBD	5:30 AM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 5:00 AM	L
Jan 20, 2024	Sat	Regular Season	@ TBD	TBD		Union College	<b>Departure Point:</b> High School	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 21, 2024	Sun	Regular Season (TCITL League Meet 6C @CBA)	@ TBD	12:00 PM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:45 AM	L
Feb 4, 2024	Sun	Regular Season (Ed Cepiel Invitational)	@ TBD	9:00 AM		Springfield College, MA	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:00 AM	L

Date: 2024-05-08