



# Colonie High School

## (G) V Winter Track

### Coaches:

- Michael Palmer, Head Coach
- Michael Caccuitto, Asst Coach
- Frank Myers, Asst Coach
- Tom Burek, Asst Coach
- Justin Bopp, Asst Coach
- Joe Yamin, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2024	Sat	Regular Season (TCITL League Meet 1A)	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Dec 14, 2024	Sat	Regular Season (Jim Mitchell Invy)	@ TBD	4:00 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 12:30 PM	L
Dec 21, 2024	Sat	Regular Season (TCITL League Meet 2C)	TBD	8:00 AM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 5:00 AM	L
Dec 21, 2024	Sat	Regular Season (Beantown Winter Classic @The Track at New Balance Boston)	@ TBD	9:00 AM		Colonie HS Ambrosio (Field #1)	<b>Departure Point:</b> High School <b>Departure Time:</b> 5:00 AM	L
Dec 22, 2024	Sun	Regular Season (Beantown Winter Classic @The Track at New Balance Boston)	@ TBD	9:00 AM		TBD	<b>Departure Point:</b> High School <b>Departure Time:</b> 5:00 AM	L
Dec 27, 2024	Fri	Regular Season (TCITL League Meet 3C)	@ TBD	8:00 AM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Dec 28, 2024	Sat	Regular Season (Utica Holiday Classic)	@ TBD	TBD		Utica College	<b>Departure Point:</b> High School	L
Dec 29, 2024	Sun	Regular Season (Viking Invitational)	@ TBD	9:00 AM		Hudson Valley Community College	<b>Departure Point:</b> High School <b>Departure Time:</b> 1:30 PM	L
Jan 3, 2025	Fri	Regular Season (Hispanic Games - 9th and 10th graders and middle schoolers)	@ TBD	5:00 PM		The Armory - NYC	<b>Departure Point:</b> High School <b>Departure Time:</b> 12:15 PM	L
Jan 4, 2025	Sat	Regular Season (TCITL League Meet 4A)	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> High School <b>Departure Time:</b> 6:30 AM	L
Jan 4, 2025	Sat	Regular Season (Hispanic Games - Varsity)	@ TBD	TBD		The Armory - NYC	<b>Departure Point:</b> High School	L
Jan 10, 2025	Fri	Regular Season (Yale Invitational - Overnight)	@ TBD	TBD		Yale University New Haven , CT	<b>Departure Point:</b> High School	L
Jan 12, 2025	Sun	Regular Season (Ed Cepiel Invitational)	@ TBD	9:00 AM		Springfield College, MA	<b>Departure Point:</b> High School	L
Jan 25, 2025	Sat	Regular Season (TCITL League Meet 5C)	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> High School <b>Departure Time:</b> 1:45 PM	L

Date: 2025-12-05