

Coaches:

• Cailin Moskow, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGU / NON- LEAGU
Sep 2, 2022	Fri	Regular Season	Troy	3:30 PM	5:00 PM	Colonie High School MUG (Main Gymnasium)		NL
Sep 6, 2022	Tue	Regular Season	@ Mohonasen	4:30 PM	6:00 PM	TBD	Departure Time: 3:00 PM	NL
Sep 8, 2022	Thu	Regular Season	Guilderland High School	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 13, 2022	Tue	Regular Season	@ Ballston Spa High School	4:15 PM	5:40 PM	Ballston Spa High School Gym	Departure Time: 2:45 PM	L
Sep 17, 2022	Sat	Regular Season (Girls JV Volleyball Tournament)	Shaker High School, Bethlehem High School, Schoharie, TBD	7:00 AM	5:00 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 20, 2022	Tue	Regular Season	@ Columbia High School	4:15 PM	5:40 PM	Columbia H.S.	Departure Time: 2:45 PM	L
Sep 22, 2022	Thu	Regular Season	@ Shenendehowa High School	4:15 PM	5:40 PM	Shen High School East Gym 2 (New)	Departure Time: 2:45 PM	L
Sep 27, 2022	Tue	Regular Season	Schenectady High School	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 29, 2022	Thu	Regular Season	Burnt Hills-Ballston Lake HS	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 1, 2022	Sat	Regular Season (JV Power of Pink)	Saratoga Springs High School, Shaker High School, Burnt Hills-Ballston Lake HS, Schenectady High School, Glens Falls, Hudson Falls, Schuylerville, Broadalbin-Perth @ Queensbury	8:30 AM		Queensbury HS, Gold Gym	Departure Time: 6:30 AM	NL
Oct 6, 2022	Thu	Regular Season	@ Bethlehem High School	4:15 PM		High School Gym B	Departure Time: 2:45 PM	L
Oct 11, 2022	Tue	Regular Season	@ Shaker High School	4:15 PM	5:40 PM	Shaker High School- H Gym	Departure Time: 2:45 PM	L
Oct 13, 2022	Thu	Regular Season	Averill Park High School	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 15, 2022	Sat	Regular Season (SHEN FALL FEST)	Baldwinsville, Niskayuna High School, Burnt Hills- Ballston Lake HS, Bethlehem High School, Guilderland High School @ Shenendehowa High School	9:00 AM	5:00 PM	Impact Athletic Center		L

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 18, 2022	Tue	Regular Season	@ Niskayuna High School	4:15 PM		Niskayuna High School	Departure Time: 2:45 PM	L
Oct 20, 2022	Thu	Regular Season	Saratoga Springs High School	6:15 PM	7:40 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 24, 2022	Mon	Regular Season	@ Albany High School	4:30 PM	5:40 PM	Albany High School Gym A	Departure Time: 2:45 PM	L

Date: 2025-12-18