

## Coaches:

• Cailin Moskow, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 27, 2019	Tue	Scrimmage (Columbia Scrimmage Tourney)	@ TBD	9:00 AM		Columbia H.S.	Departure Time: 8:15 AM Return Date: Return Time: 3:00 PM	L
Aug 28, 2019	Wed	Regular Season	@ Shaker High School	11:00 AM	12:10 PM	Shaker High School- H Gym	Departure Point: High School Departure Time: 9:30 AM	NL
Aug 30, 2019	Fri	Regular Season	@ Scotia-Glenville	11:00 AM		Scotia Glenville High School	Departure Point: High School Departure Time: 9:15 AM	NL
Sep 5, 2019	Thu	Regular Season	@ Ballston Spa High School	4:15 PM	5:25 PM	Ballston Spa High School Gym	Departure Point: High School Departure Time: 3:00 PM	L
Sep 10, 2019	Tue	Regular Season	@ Troy	5:30 PM	6:45 PM	High School	Departure Point: High School Departure Time: 3:45 PM	L
Sep 12, 2019	Thu	Regular Season	Schenectady High School	4:15 PM	5:25 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 14, 2019	Sat	Regular Season (Colonie JV Girls Volleyball Tournament)	Maple Hill, Shaker High School	8:00 AM	3:00 PM	Colonie High School MUG (Main Gymnasium)		NL
Sep 17, 2019	Tue	Regular Season	Shenendehowa High School	4:15 PM	5:25 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 19, 2019	Thu	Regular Season	@ Emma Willard	4:15 PM		Emma Willard School	Departure Point: High School Departure Time: 3:00 PM	NL
Sep 20, 2019	Fri	Regular Season	@ Albany High School	4:15 PM	5:25 PM	Albany High School Gym A	Departure Point: High School Departure Time: 3:00 PM	L
Sep 24, 2019	Tue	Regular Season	@ Averill Park High School	4:15 PM	5:25 PM	APHS Main Gymnasium	Departure Point: High School Departure Time: 3:00 PM	L
Sep 26, 2019	Thu	Regular Season	@ Burnt Hills- Ballston Lake HS	4:00 PM	5:25 PM	BH-BL HS Gym	Departure Point: High School Departure Time: 2:45 PM	L
Sep 28, 2019	Sat	Regular Season (Shen JV Tournament)	South Glens Falls, Niskayuna High School, Ballston Spa High School, Shaker High School @ Shenendehowa High School	AM	5:00 PM	Shen High School East Gym 1 (Main)	Departure Point: High School Departure Time: 6:45 AM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 5, 2019	Sat	Regular Season (Saratoga Invitational)	Saratoga Springs High School, Schenectady High School, Shaker High School, Gloversville, Mayfield, Niskayuna High School, Galway @ TBD	AM		Saratoga Springs High School	Departure Point: High School Departure Time: 6:45 AM	NL
Oct 10, 2019	Thu	Regular Season	@ Saratoga Springs High School	4:15 PM	5:25 PM	Saratoga Springs High School	Departure Point: High School Departure Time: 3:00 PM	L
Oct 15, 2019	Tue	Regular Season	@ Columbia High School	4:15 PM	5:25 PM	Columbia H.S.	Departure Point: High School Departure Time: 3:00 PM	L
Oct 17, 2019	Thu	Regular Season	Bethlehem High School	4:15 PM	5:25 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 22, 2019	Tue	Regular Season	Shaker High School	4:15 PM	5:25 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 24, 2019	Thu	Regular Season	Guilderland High School	4:15 PM	7:15 PM	Colonie High School MUG (Main Gymnasium)		L
Oct 28, 2019	Mon	Regular Season	Niskayuna High School	4:15 PM	5:25 PM	Colonie High School MUG (Main Gymnasium)		L

Date: 2025-12-16