

## Coaches:

• Luke France, Head Coach

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION  | TRANSPORTATION                 | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|--|---------------|-------------|---|--------------------------------|----------------------------|
| Sep 2, 2022  | Fri         | Regular Season   | Guilderland High<br>School   | 11:00<br>AM   | 12:20<br>PM | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Sep 7, 2022  | Wed         | Regular Season   | Bethlehem High<br>School   | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Sep 9, 2022  | Fri         | Regular Season   | @ Columbia High<br>School  | 4:15<br>PM    | 5:35<br>PM  | Columbia H.S.                                     | <b>Departure Time:</b> 3:15 PM | L                          |
| Sep 14, 2022 | Wed         | Regular Season   | Shenendehowa High<br>School  | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Sep 16, 2022 | Fri         | Regular Season   | @ Saratoga Springs<br>High School  | 4:15<br>PM    | 5:35<br>PM  | Saratoga<br>Springs High<br>School                | <b>Departure Time:</b> 3:00 PM | L                          |
| Sep 17, 2022 | Sat         | Regular Season<br>(SSC Meet (Mid<br>Season<br>Tournament)) | Burnt Hills-Ballston<br>Lake HS, Bethlehem<br>High School,<br>Columbia High<br>School, Guilderland<br>High School,<br>Niskayuna High<br>School,<br>Schenectady High<br>School, Shaker High<br>School,<br>Shenendehowa High<br>School, Saratoga<br>Springs High School<br>@ TBD | 9:00<br>AM    | 3:00<br>PM  | Saratoga<br>Springs High<br>School                | <b>Departure Time:</b> 7:15 AM | L                          |
| Sep 19, 2022 | Mon         | Regular Season   | @ Niskayuna High<br>School   | 4:15<br>PM    | 5:35<br>PM  | Niskayuna High<br>School                          | <b>Departure Time:</b> 3:15 PM | L                          |
| Sep 21, 2022 | Wed         | Regular Season   | @ Burnt Hills-<br>Ballston Lake HS   | 4:15<br>PM    | 5:35<br>PM  | BH-BL HS<br>Gym                                   | <b>Departure Time:</b> 3:00 PM | L                          |
| Sep 23, 2022 | Fri         | Regular Season   | Shaker High School   | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Sep 28, 2022 | Wed         | Regular Season   | @ Schenectady<br>High School   | 4:30<br>PM    | 5:35<br>PM  | Pat Riley<br>Sports Center-<br>Main Gym           | <b>Departure Time:</b> 3:30 PM | L                          |
| Sep 30, 2022 | Fri         | Regular Season   | @ Guilderland High<br>School   | 5:45<br>PM    | 7:30<br>PM  | Guilderland<br>High School<br>West (Big)<br>Gym   | Departure Time:<br>3:15 PM     | L                          |
| Oct 3, 2022  | Mon         | Regular Season   | @ Bethlehem High<br>School   | 4:15<br>PM    | 5:35<br>PM  | High School<br>Gym B                              | <b>Departure Time:</b> 3:15 PM | L                          |
| Oct 7, 2022  | Fri         | Regular Season   | Columbia High<br>School  | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Oct 12, 2022 | Wed         | Regular Season   | @ Shenendehowa<br>High School  | 4:15<br>PM    | 5:35<br>PM  | Shen High<br>School East<br>Gym 1 (Main)          | <b>Departure Time:</b> 3:15 PM | L                          |

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|--------------|------|---|---------------------------------|---------------|-------------|---|--------------------------------|----------------------------|
| Oct 14, 2022 | Fri  | Regular Season                            | Saratoga Springs<br>High School | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Oct 19, 2022 | Wed  | Regular Season                            | Niskayuna High<br>School        | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Oct 21, 2022 | Fri  | Regular Season                            | Burnt Hills-Ballston<br>Lake HS | 4:15<br>PM    | 5:35<br>PM  | Colonie High<br>School MUG<br>(Main<br>Gymnasium) |                                | L                          |
| Oct 22, 2022 | Sat  | Meet (SSC End of<br>Season<br>Tournament) | Vs. Multiple                    | 9:00<br>AM    | 2:55<br>PM  | BH-BL HS<br>Gym                                   | <b>Departure Time:</b> 7:30 AM | NL                         |

Date: 2025-12-05