

Coaches:

- MaryAnn Reilly-Johnson, Head Coach
- Frank Myers, Asst Coach
- Gabe Young, Asst Coach
- Justin Bopp, Asst Coach
- Brianna Haluska, Asst Coach
- Tom Burek, Asst Coach
- Owen Sleasman, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 9, 2025	Wed	Regular Season	Columbia High School, Albany High School	4:15 PM	6:55 PM	Colonie High Track		L
Apr 11, 2025	Fri	Regular Season	Schenectady High School (Girls Varsity Track), Burnt Hills- Ballston Lake HS, Shaker High School @ Niskayuna High School	4:30 PM	8:00 PM	NHS Track	Departure Time: 2:45 PM	L
POSTPONED Apr 12, 2025	Sat	Regular Season (Niskayuna Invitational)	Albany High School, Schenectady High School (Girls Varsity Track), Amsterdam, Ballston Spa High School, Watervliet, Burnt Hills-Ballston Lake HS @ Niskayuna High School	10:00 AM	3:00 PM	NHS Track		L
Apr 14, 2025	Mon	Regular Season (Thrower's Meet)	Shenendehowa High School @ Ballston Spa High School	TBD		Ballston Spa Track		L
Apr 16, 2025	Wed	Regular Season	@ Watervliet	10:00 AM	3:30 PM	Watervliet Jr.Sr. High School		L
Apr 26, 2025	Sat	Regular Season	@ Cohoes	9:00 AM		Cohoes HS		L
Apr 29, 2025	Tue	Regular Season	Saratoga Springs High School	4:15 PM	6:55 PM	Colonie High Track		L
May 3, 2025	Sat	Regular Season (Colonie Relays)	Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Cooperstown, Schenectady High School (Girls Varsity Track), Academy of Holy Names, Burnt Hills-Ballston Lake HS, Shaker High School	TBD		Colonie High Track		L
May 6, 2025	Tue	Regular Season (Senior Recognition)	@ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	Departure Time: 2:45 PM	L
May 9, 2025	Fri	Regular Season (The Futures)	@ Mohonasen	4:00 PM		TBD	Departure Time: 2:30 PM	L

DATE	WEE! DAY	^C TYPE	OPPONENTS	START TIME	T END		TRANSPORTATION	LEAGUE / NON- LEAGUE
May 9, 2025	Fri	Regular Season (Shen Invy)	Scotia-Glenville, Ballston Spa High School, Albany High School, Schenectady High School (Girls Varsity Track), Niskayuna High School, Burnt Hills- Ballston Lake HS, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L
May 13, 2025	Tue	Regular Season	Shenendehowa High School @ Schenectady High School (Girls Varsity Track)	4:15 PM	6:55 PM	Larry Mulvaney Field	Departure Time: 2:45 PM	L
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	7:55 PM	APHS Track	Departure Time: 2:45 PM	NL
May 28, 2025	Wed	Regular Season (Group 1 Co-Ed Track Sectionals)	Shenendehowa High School, Saratoga Springs High School, Niskayuna High School	4.00		Colonie High Track		L

Date: 2025-12-18