

Coaches:

- MaryAnn Reilly-Johnson, Asst Coach
- Frank Myers, Asst CoachGabe Young, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|--|---------------|-------------|---|----------------|----------------------------|
| Apr 1, 2024 | Mon | Meet (Ballston Spa Field Event Challenge) | Vs. Multiple | 9:00 AM | | Ballston Spa Track | | NL |
| Apr 10, 2024 | Wed | Regular Season | @ Ballston Spa High School | 4:15 PM | 6:55 PM | Ballston Spa Track | | L |
| Apr 17, 2024 | Wed | Regular Season | Guilderland High School @ Saratoga Springs High School | 4:15 PM | 6:55 PM | Saratoga Springs High School | | L |
| Apr 20, 2024 | Sat | Regular Season (Spring Track and Field Classic) | Burnt Hills-Ballston Lake HS, Troy @ Niskayuna High School | 9:30 AM | | High School | | L |
| Apr 24, 2024 | Wed | Regular Season | @ Shaker High School | 4:00 PM | 6:00 PM | Arthur Walker Field- Shaker High School | | L |
| May 1, 2024 | Wed | Regular Season | @ Bethlehem High School | 8:00 AM | 4:00 PM | High School Track | | L |
| May 8, 2024 | Wed | Regular Season | Shenendehowa High School @ Niskayuna High School | 4:15 PM | 6:55 PM | High School | | L |
| May 14, 2024 | Tue | Regular Season (Suburban Council Girl's Championships) | Albany High School, Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Saratoga Springs High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD | 4:15 PM | 7:30 PM | APHS Track | | L |

Date: 2024-03-13