



Colonie High School

(B) 7/8TH Outdoor Track

Coaches:

- Jeremy Eggleston, Head Coach
- Rachel Clement, Head Coach
- Melanie Lautenschlager, Head Coach
- Alana Pearl, Head Coach
- Lisa Paparone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Apr 18, 2024	Thu	Regular Season	@ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Departure Point: Sand Creek Departure Time: L 3:15 PM
Apr 25, 2024	Thu	Regular Season	Guilderland High School @ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	Departure Point: Sand Creek Departure Time: L 3:15 PM
May 2, 2024	Thu	Regular Season	Shaker High School @ Albany High School	4:15 PM		Albany Turf Stadium Field	Departure Point: Sand Creek Departure Time: L 3:15 PM
May 9, 2024	Thu	Regular Season	Albany High School, Christian Brothers Academy, Albany @ Averill Park High School	4:15 PM	6:55 PM	APHS Track	Departure Point: Sand Creek Departure Time: L 3:15 PM
POSTPONED May 13, 2024	Mon	Regular Season	Christian Brothers Academy, Albany	4:15 PM	6:30 PM	CBA Track	L
May 16, 2024	Thu	Regular Season	Shenendehowa High School @ Niskayuna High School (Modified)	4:15 PM	6:55 PM	Niskayuna High School	Departure Point: Sand Creek Departure Time: L 3:15 PM
May 20, 2024	Mon	Regular Season (Suburban Council Modified Track Play Date)	Guilderland High School, Burnt Hills-Ballston Lake HS @ Saratoga Springs High School	4:15 PM	6:15 PM	Saratoga Springs High School	Departure Point: Sand Creek Departure Time: L 3:15 PM

Date: 2026-01-09