



# Colonie High School

## (B) 7/8TH Outdoor Track

### Coaches:

- Jeremy Eggleston, Head Coach
- Rachel Clement, Head Coach
- Melanie Lautenschlager, Head Coach
- Alana Pearl, Head Coach
- Lisa Paparone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 20, 2023	Thu	Regular Season	Burnt Hills-Ballston Lake HS @ Shenendehowa High School	4:15 AM		Shen High School East Stadium (Track)	<b>Departure Point:</b> Sand Creek <b>Departure Time:</b> 3:15 PM	NL
Apr 27, 2023	Thu	Regular Season	Schenectady High School (Boys Modified Track), Burnt Hills-Ballston Lake HS	4:15 PM	6:45 PM	Colonie High Track		NL
May 4, 2023	Thu	Regular Season	Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:15 PM	BH-BL HS Track	<b>Departure Point:</b> Sand Creek <b>Departure Time:</b> 3:15 PM	NL
May 11, 2023	Thu	Regular Season	Christian Brothers Academy, Albany @ Shaker High School	4:15 PM		TBD	<b>Departure Point:</b> Sand Creek <b>Departure Time:</b> 3:30 PM	NL
May 18, 2023	Thu	Meet (SSC Culminating Meet)	Vs. Multiple	4:15 PM		Colonie High Track		NL

Date: 2026-01-03