

## Coaches:

- Jeremy Eggleston, Head Coach
- Rachel Clement, Head Coach
- Melanie Lautenschlager, Head Coach
- Alana Pearl, Head Coach
- Lisa Paparone

DATE	WEEK	TYPE	OPPONENTS	START END TIME TIME		I TRANSPORTATION	LEAGUE / NON- LEAGUE
May 2, 2019	Thu	Regular Season	Troy @ Bethlehem High School	4:15 PM	High School Track	Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM	L
May 9, 2019	Thu	Regular Season	Schenectady High School (Boys Modified Track)	4:15 PM	Colonie High Track	Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM	L
May 14, 2019	Tue	Regular Season	Niskayuna High School (Modified), Ballston Spa High School	4:15 PM	Colonie High Track	Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM	L
POSTPONED May 23, 2019	Thu	Regular Season	Schenectady High School (Boys Modified Track), Troy @ Christian Brothers Academy, Albany	4:15 PM	CBA Track	Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM	L
May 29, 2019	Wed	Meet (SSC Final Meet)	Vs. Multiple	4:15 PM	Ballston Spa Track	Departure Point: Lisha Kill MS Departure Time: 3:00 PM	NL

Date: 2026-01-02