



Colonie High School

(B) V Outdoor Track

Coaches:

- Lisa Paparone, Head Coach
- Michael Palmer, Asst Coach
- Jake Johnson, Asst Coach
- Joseph Yamin, Asst Coach
- Brianna Haluska, Asst Coach
- Tom Burek, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2022	Wed	Regular Season	Averill Park High School	4:15 PM	6:55 PM	Colonie High Track		L
Apr 9, 2022	Sat	Regular Season (CBA Relays @LaSalle)	Schenectady High School (Boys Varsity Track), Albany High School @ Christian Brothers Academy, Albany	9:00 AM	1:00 PM	LaSalle Academy, Troy New York		NL
Apr 12, 2022	Tue	Regular Season	Guilderland High School @ Saratoga Springs High School	4:15 PM	6:30 PM	Saratoga Springs High School	Departure Date: Apr 12, 2022 Departure Time: 2:30 PM	L
Apr 16, 2022	Sat	Meet (Ballston Spa Track Invitational)	Vs. Multiple	9:00 AM		Ballston Spa Track	Departure Time: 7:30 AM	NL
Apr 18, 2022	Mon	Meet (Ballston Spa Field Challenge)	Vs. Multiple	10:00 AM		Ballston Spa Track	Departure Time: 8:30 AM	NL
Apr 22, 2022	Fri	Regular Season (Nisky Relays @ Mohon)	Schenectady High School (Boys Varsity Track), Ballston Spa High School, Shaker High School @ Niskayuna High School	4:15 PM		Mohonasen High School	Departure Time: 1:30 PM	NL
Apr 23, 2022	Sat	Regular Season (Warrior Track Classic)	Amsterdam, Ballston Spa High School, Guilderland High School, Shaker High School @ Niskayuna High School	9:15 AM	4:00 PM	Mohonasen High School	Departure Time: 7:45 AM	L
Apr 26, 2022	Tue	Regular Season	@ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	Departure Date: Apr 26, 2022 Departure Time: 2:45 PM	L
Apr 30, 2022	Sat	Regular Season (Anthony Luciano Track Invitational)	Lake George, Schuylerville, Coxsackie-Athens, South Glens Falls, Queensbury, Burnt Hills-Ballston Lake HS, Broadalbin-Perth, Greenwich, Ichabod Crane, Shaker High School, Corinth (Corinth/HL), Guilderland High School, Mount Anthony, Catholic Central, Troy, Saranac @ Hudson Falls	9:00 AM	4:00 PM	Hudson Falls HS		NL
May 4, 2022	Wed	Regular Season	Christian Brothers Academy, Albany, Bethlehem High School	4:15 PM	6:55 PM	Colonie High Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 7, 2022	Sat	Regular Season (Colonie Relay Carnival)	TBD	1:00 PM		Colonie High Track		L
May 7, 2022	Sat	Regular Season (Colonie Relays)	Shaker High School, TBD, Saratoga Springs High School, Guilderland High School, Albany High School	TBD	5:00 PM	Colonie High Track		L
May 7, 2022	Sat	Regular Season (Colonie Relays)	Schenectady High School (Boys Varsity Track), Shenendehowa High School, TBD	TBD		Colonie High Track		NL
May 10, 2022	Tue	Regular Season	Shenendehowa High School, Niskayuna High School	4:15 PM	6:15 PM	Colonie High Track		L
May 13, 2022	Fri	Regular Season (SHEN INVY)	Shaker High School, Niskayuna High School, Schenectady High School (Boys Varsity Track), Bethlehem High School, Ballston Spa High School, Albany High School, Guilderland High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:30 PM	L
May 17, 2022	Tue	Meet (Boys SSC Championship Outdoor Track 2022)	Vs. Multiple	4:15 PM	7:00 PM	Track		NL
May 19, 2022	Thu	Post-Season (JV Championships)	Albany High School, Averill Park High School, Ballston Spa High School, Bethlehem High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Columbia High School, Guilderland High School, Schenectady High School (Boys Varsity Track), Shaker High School, Shenendehowa High School, Niskayuna High School @ Saratoga Springs High School	4:15 PM		Saratoga Springs High School		NL
May 25, 2022	Wed	Regular Season (Sectionals)	Schenectady High School (Boys Varsity Track)	4:15 PM		Colonie High Track		L
May 25, 2022	Wed	Regular Season (Group 1 Sectionals)	Albany High School, Shaker High School, Shenendehowa High School	TBD		Colonie High Track		L

Date: 2025-12-19