



# Colonie High School

## (B) MOD9 Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2021	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Guilderland High School	5:00 PM	6:30 PM	Tawasentha Park	<b>Departure Point:</b> Sand Creek MS <b>Departure Time:</b> 4:00 PM	L
Sep 29, 2021	Wed	Regular Season	Averill Park High School @ Shenendehowa High School	4:15 PM	5:55 PM	Shen Cross Country Trail	<b>Departure Point:</b> Sand Creek MS <b>Departure Time:</b> 3:00 PM	L
Oct 6, 2021	Wed	Regular Season	Ballston Spa High School, Christian Brothers Academy, Albany @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 13, 2021	Wed	Regular Season	Schenectady High School (Modified), Shaker High School @ Bethlehem High School	5:00 PM	5:55 PM	Elm Avenue Park	<b>Departure Point:</b> Sand Creek MS <b>Departure Time:</b> 3:00 PM	L
Oct 19, 2021	Tue	Regular Season	Saratoga Springs High School, Niskayuna High School (Modified)	4:15 PM		The Crossings of Colonie		L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park	<b>Departure Point:</b> Sand Creek MS <b>Departure Time:</b> 7:15 AM	NL

Date: 2024-06-03