



Colonie High School

(B) V Cross Country

Coaches:

- Jake Johnson, Head Coach
- Michael Palmer, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Albany High School, Bethlehem High School	4:15 PM	5:55 PM	TBD		L
Sep 17, 2024	Tue	Regular Season	Shenendehowa High School, Schenectady High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Sep 24, 2024	Tue	Regular Season	Averill Park High School, Ballston Spa High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 1, 2024	Tue	Regular Season	Christian Brothers Academy, Albany, Guilderland High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 8, 2024	Tue	Regular Season	Shaker High School, Niskayuna High School	4:15 PM	5:55 PM	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-05-01