



Colonie High School

(B) V Cross Country

Coaches:

- Jake Johnson, Head Coach
- Michael Palmer, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season	Shenendehowa High School, Schenectady High School, Columbia High School	4:15 PM	5:55 PM	Colonie Town Park		L
Sep 30, 2023	Sat	Regular Season (NYS Nighttime Showcase @Twin Ponds on a Farm - Montgomery, NY)	TBD	6:00 PM		TBD	Departure Point: High School	L

Date: 2024-05-07