



# Colonie High School

## (G) V Cross Country

### Coaches:

- MaryAnn Reilly-Johnson, Head Coach
- Frank Myers, Asst Coach
- Michael Caccuitto, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Niskayuna High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational )	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall-Hartford), Shaker High School, Roy C Ketcham/ Wappingers JHS, Remsen, Amsterdam, John Jay HS/ Van Wyck JHS, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 20, 2022	Tue	Regular Season	Columbia High School, Averill Park High School, Shenendehowa High School	4:15 PM	5:55 PM	The Crossings of Colonie		L
Sep 27, 2022	Tue	Regular Season	Ballston Spa High School, Albany High School	4:15 PM	5:55 PM	The Crossings of Colonie		L
Oct 3, 2022	Mon	Regular Season	Burnt Hills-Ballston Lake HS, Troy, Guilderland High School	4:15 PM	5:55 PM	The Crossings of Colonie		L
Oct 11, 2022	Tue	Regular Season	Bethlehem High School, Shaker High School @ Schenectady High School	4:30 PM	5:55 PM	Iroquois Middle School, Niskayuna		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, South Glens Falls, Oneonta, Saratoga Springs High School, Granville (Granville-Whitehall-Hartford), Shaker High School, Schuylerville, Guilderland High School, Ballston Spa High School, Queensbury, Albany High School, Shenendehowa High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-19