



# Colonie High School

## (G) V Cross Country

### Coaches:

- Frank Myers, Head Coach
- MaryAnn Reilly-Johnson, Asst Coach
- Michael Caccuitto, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 3, 2020	Sat	Regular Season 31-25 L	@ Ballston Spa High School	12:30 PM		Saratoga State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 9:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:00 PM	L
Oct 10, 2020	Sat	Regular Season 15-50 W	@ Schenectady High School	9:00 AM	10:40 AM	Iroquois Middle School, Niskayuna	<b>Departure Point:</b> High School <b>Departure Time:</b> 7:15 AM	L
Oct 16, 2020	Fri	Regular Season 15-49 W	@ Albany High School	4:00 PM	6:00 PM	Capital Hills Golf Course	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Oct 24, 2020	Sat	Regular Season 20-43 W	Averill Park High School	9:00 AM	10:40 AM	The Crossings of Colonie		L
Oct 31, 2020	Sat	Regular Season 15-50 W	Troy	9:00 AM	10:40 AM	The Crossings of Colonie		L
Nov 7, 2020	Sat	Regular Season 28-30 W	Columbia High School	9:00 AM	10:40 AM	The Crossings of Colonie		L
Nov 14, 2020	Sat	Regular Season 39-17 L	@ Burnt Hills-Ballston Lake HS	9:00 AM	10:40 AM	Saratoga Spa State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 7:15 AM	L
Nov 22, 2020	Sun	Meet (SSC Championships)	Vs. Multiple	8:00 AM	4:00 PM	Saratoga Spa State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 7:15 AM	NL

Date: 2024-04-30