

Coaches:

- Christina Sand, Head Coach
- Rachel Geissler, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 6, 2023	Fri	Regular Season	Ballston Spa High School (Fall)	7:00 PM		Colonie High School MUG		L
Oct 13, 2023	Fri	Regular Season (Homecoming Week)	@ Schenectady High School (Fall)	6:00 PM		Larry Mulvaney Field		L
Oct 21, 2023	Sat	Meet (GameDay Competition)	Vs. Multiple	TBD		Shaker High School- H Gym		NL
Feb 11, 2024	Sun	Regular Season (SUBURBAN COUNCIL TOURNAMENT)	Niskayuna High School (Competitive), Albany High Schoo (Competitive), Schenectady High School (Competitive Cheer), Shaker High School (Competitive) @ Shenendehowa High School (Competitive)	9:00 AM		Shen High School East Gym 1 (Main), Shen High School East Gym 2 (New)		L
Feb 17, 2024	Sat	Regular Season (Midnight Madness Competition)	Shenendehowa High School (Competitive), Albany High Schoo (Competitive), Saratoga Springs High School (Fall), Niskayuna High School (Competitive), Burnt Hills-Ballston Lake HS (Fall) @ Schenectady High School (Competitive Cheer)	2:00 PM	11:30 PM	Pat Riley Sports Center- Main Gym		L

Date: 2024-04-17