

Coaches:

Adam Cohen

DATE	WEE! DAY	⁽ TYPE	OPPONENTS	STAR1 TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 20, 2023	Thu	Regular Season	Colonie High School @ Shenendehowa High School	4:15 AM		Shen High School East Stadium (Track)		NL
Apr 27, 2023	Thu	Regular Season	Schenectady High School (Boys Modified Track) @ Colonie High School	4:15 PM	6:45 PM	Colonie High Track		NL
May 4, 2023	Thu	Regular Season	Saratoga Springs High School, Colonie High School	4:15 PM	6:15 PM	BH-BL HS Track		NL
May 11, 2023	Thu	Regular Season	Ballston Spa High School @ Saratoga Springs High School	4:15 AM		Saratoga Springs High School	;	NL
May 18, 2023	Thu	Meet (SSC Culminating Meet)	Vs. Multiple	4:15 PM		Shen High School East Stadium (Track)		NL
May 19, 2023	Fri	Meet (SSC Culminating Meet)	Vs. Multiple	4:15 PM		Albany Turf Stadium Field		NL

Date: 2025-12-09