

Coaches:

• Ron Ashcraft, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	/ NON- LEAGU
Nov 26, 2022	Sat	Scrimmage	Johnstown (Fonda/Johnstown)	9:30 AM		BH- BL HS		NL
Nov 30, 2022	Wed	Regular Season	@ Shenendehowa High School	6:00 AM	8:00 AM	Shen High School East Gym 1 (Main)		NL
Dec 3, 2022	Sat	Regular Season	Scotia-Glenville	9:00 AM		BH-BL HS Gym		L
Dec 3, 2022	Sat	Regular Season (Tournament)	Shenendehowa High School, Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Colonie High School, Saratoga Springs High School	10:00 AM		BH-BL HS Gym		NL
Dec 7, 2022	Wed	Regular Season	Saratoga Springs High School	6:00 PM		BH-BL HS Gym		NL
Dec 10, 2022	Sat	Meet (JV Wrestling Tournament)	Vs. Multiple	9:30 AM		Ballston Spa High School Gym		NL
Dec 14, 2022	Wed	Regular Season	Shaker High School	6:00 PM		BH-BL HS Gym		NL
Dec 21, 2022	Wed	Regular Season	Columbia High School	6:00 PM		BH-BL HS Gym		L
Dec 28, 2022	Wed	Regular Season	Shenendehowa High School, Schenectady High School (JV Wrestling), Niskayuna High School, Saratoga Springs High School, Columbia High School, Albany High School, Averill Park High School, Bethlehem High School @ Ballston Spa High School	10:00 AM	1:00 PM	Ballston Spa High School Gym		L
Jan 4, 2023	Wed	Regular Season	@ Bethlehem High School	6:00 PM		High School Gym A		L
Jan 7, 2023	Sat	Regular Season (JV Tournament and Girls Tournament (Girls Team - Niskayuna- Schenectady, Shaker, Guilderland, Sherburne- Earlville))	Shenendehowa High School, Ballston Spa High School, Shaker High School, Niskayuna High School, Schenectady High School (JV Wrestling), Granville (Granville), Guilderland High School, Hadley- Luzerne (Coed), Scotia-Glenville, Sherburne-Earlville @ Colonie High School	7:00 AM	4:00 PM	Colonie High School MUG		NL
Jan 11, 2023	Wed	Regular Season	@ Schenectady High School (JV Wrestling)	6:00 PM		Pat Riley Sports Center- Main Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 21, 2023	Sat	Regular Season (Tournament)	Shenendehowa High School, Hudson Falls, Colonie High School, Saratoga Springs High School, Schenectady High School (JV Wrestling) @ Guilderland High School	9:00 AM	7:00 PM	Guilderland High School East Gym		L
Jan 26, 2023	Thu	Regular Season	Ballston Spa High School	6:00 PM		BH-BL HS Gym		L
CANCELLED Jan 30, 2023	Mon	Regular Season	@ Averill Park High School	6:00 PM	8:55 PM	APHS Main Gymnasium		L
Jan 30, 2023	Mon	Regular Season	@ Averill Park High School	6:00 PM	6:55 PM	APHS Main Gymnasium		L

Date: 2024-05-12