



Burnt Hills-Ballston Lake HS

(G) V Outdoor Track

Coaches:

- Matt Shell, Head Coach
- Eric Freestone
- Megan James

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School		L
Apr 11, 2025	Fri	Regular Season	Schenectady High School (Girls Varsity Track), Colonie High School, Shaker High School @ Niskayuna High School	4:30 PM	8:00 PM	NHS Track		L
POSTPONED Apr 12, 2025	Sat	Regular Season (Niskayuna Invitational)	Albany High School, Schenectady High School (Girls Varsity Track), Colonie High School, Amsterdam, Ballston Spa High School, Watervliet @ Niskayuna High School	10:00 AM	3:00 PM	NHS Track		L
Apr 23, 2025	Wed	Regular Season	Niskayuna High School @ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.		L
Apr 26, 2025	Sat	Regular Season (Anthony Luciano Memorial Invitational 2025)	TBD, Lake George, Broadalbin-Perth, Shaker High School, Gloversville, Albany Academies, Emma Willard, Rutland, Schuylerville, Beekmantown, Niskayuna High School, Averill Park High School, Hoosic Valley, Queensbury, Mount Anthony, South Glens Falls, Glens Falls, Greenwich, Ichabod Crane @ Hudson Falls	9:30 AM		Hudson Falls HS		NL
Apr 29, 2025	Tue	Regular Season	Bethlehem High School	4:15 PM	6:55 PM	BH-BL HS Track		L
May 3, 2025	Sat	Regular Season (Colonie Relays)	Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Cooperstown, Schenectady High School (Girls Varsity Track), Academy of Holy Names, Shaker High School @ Colonie High School	TBD		Colonie High Track		L
May 6, 2025	Tue	Regular Season	@ Guilderland High School	4:15 PM	6:55 PM	GHS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2025	Fri	Regular Season (Shen Invy)	Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Schenectady High School (Girls Varsity Track), Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L
May 13, 2025	Tue	Regular Season	Ballston Spa High School, Averill Park High School	4:15 PM	6:55 PM	BH-BL HS Track		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Shenendehowa High School, Ballston Spa High School, Shaker High School @ Schenectady High School (Girls Varsity Track)	8:00 AM		Schenectady High School Track & Field		NL
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	7:55 PM	APHS Track		NL
May 28, 2025	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	8:55 PM	APHS Track		NL

Date: 2025-12-05