



Burnt Hills-Ballston Lake HS

(B) MOD9 Cross Country

Coaches:

- Alex James

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2025	Wed	Regular Season	Schenectady High School (Modified) @ Shenendehowa High School	4:30 PM	6:10 PM	Shen Cross Country Trail		L
Sep 24, 2025	Wed	Regular Season	Averill Park High School, Niskayuna High School (Modified), Christian Brothers Academy, Albany	4:30 PM	6:10 PM	BH- BL HS		L
Oct 8, 2025	Wed	Regular Season	Columbia High School, Bethlehem High School @ Colonie High School	4:30 PM	6:10 PM	Colonie Town Park		L
Oct 11, 2025	Sat	Regular Season	Ballston Spa High School, Shaker High School	9:00 AM	5:00 PM	Saratoga Spa State Park		L
Oct 11, 2025	Sat	Regular Season (Cross country invy)	Schuylerville, Shenendehowa High School	9:00 AM		Saratoga Spa State Park		L
Oct 15, 2025	Wed	Regular Season	Shaker High School @ Ballston Spa High School	4:30 PM	6:10 PM	Luther Forest		L
Oct 22, 2025	Wed	Regular Season	Albany High School, Saratoga Springs High School @ Guilderland High School	4:30 PM	6:10 PM	Tawasentha Park		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:25 AM	Saratoga Spa State Park		NL

Date: 2025-12-17