



Burnt Hills-Ballston Lake HS

(B) MOD9 Cross Country

Coaches:

- Alex James

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|---------------------------|----------------|---------------------|
| Sep 18, 2024 | Wed | Regular Season | Saratoga Springs High School @ Bethlehem High School | 4:30 PM | 6:10 PM | Elm Avenue Park | | L |
| Sep 25, 2024 | Wed | Regular Season | Shaker High School, Columbia High School @ Albany High School | 4:30 PM | 6:10 PM | Capital Hills Golf Course | | L |
| Oct 9, 2024 | Wed | Regular Season | Ballston Spa High School @ Schenectady High School (Modified) | 4:30 PM | 6:10 PM | Central Park | | L |
| Oct 12, 2024 | Sat | Regular Season | Saratoga Springs High School, Shaker High School, Ballston Spa High School | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 12, 2024 | Sat | Regular Season (Burnt Hills Cross Country Invitational) | Broadalbin-Perth | 9:15 AM | | Saratoga Spa State Park | | NL |
| Oct 16, 2024 | Wed | Regular Season | Averill Park High School, Niskayuna High School (Modified) @ Shenendehowa High School | 4:30 PM | 6:10 PM | Shen Cross Country Trail | | L |
| Oct 22, 2024 | Tue | Regular Season | Christian Brothers Academy, Albany, Colonie High School, Guilderland High School | 4:30 PM | 6:10 PM | BH- BL HS | | L |
| Oct 26, 2024 | Sat | Meet (SSC Championships) | Vs. Multiple | 10:00 AM | | Saratoga Spa State Park | | NL |

Date: 2026-02-01