



# Burnt Hills-Ballston Lake HS

## (B) MOD9 Cross Country

### Coaches:

- Alex James

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Guiderland High School @ Colonie High School	4:15 PM	5:55 PM	Sand Creek Middle School		L
Sep 21, 2022	Wed	Regular Season	Shaker High School, Saratoga Springs High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 28, 2022	Wed	Regular Season	Schenectady High School (Modified), Niskayuna High School (Modified), Shenendehowa High School	4:15 PM	5:55 PM	TBD		L
Oct 12, 2022	Wed	Regular Season	Columbia High School, Christian Brothers Academy, Albany	4:15 PM	5:55 PM	TBD		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Schenectady High School (Modified), Saratoga Springs High School, Shaker High School, Shenendehowa High School	9:00 AM		Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season	Greenville	9:15 AM		Saratoga Spa State Park		NL
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Schuylerville, Ballston Spa High School @ TBD	9:15 AM		Saratoga Spa State Park		L
Oct 19, 2022	Wed	Regular Season	Ballston Spa High School, Bethlehem High School @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park		NL

Date: 2024-05-05