



# Burnt Hills-Ballston Lake HS

## (B) MOD9 Cross Country

**Coaches:**

- Alex James

| DATE         | WEEK DAY | TYPE  | OPPONENTS  | START TIME | END TIME | LOCATION                  | DEPARTURE               | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|---------------------------|-------------------------|--|---------------------|
| Sep 15, 2018 | Sat      | Regular Season (Invitational)                 | Queensbury   | 9:00 AM    |          | Saratoga Spa State Park   |                         |  | L                   |
| Oct 1, 2018  | Mon      | Regular Season                                | Saratoga Springs High School, Ballston Spa High School @ Bethlehem High School                                   | 4:15 PM    |          | Elm Avenue Park           | Bus/Driver: Burnt Hills | <b>Departure Point:</b> O'Rourke<br><b>Departure Time:</b> 2:45 PM | L                   |
| Oct 3, 2018  | Wed      | Regular Season                                | Bethlehem High School, Schenectady High School (Modified), Albany High School @ Niskayuna High School (Modified) | 4:15 PM    |          | Iroquois Middle School    | Bus/Driver: Burnt Hills | <b>Departure Point:</b> O'Rourke<br><b>Departure Time:</b> 3:00 PM | L                   |
| Oct 10, 2018 | Wed      | Regular Season                                | Shaker High School, Saratoga Springs High School, Averill Park High School, Schenectady High School (Modified)   | 4:15 PM    |          | Saratoga Spa State Park   | Bus/Driver: Burnt Hills | <b>Departure Point:</b> O'Rourke<br><b>Departure Time:</b> 2:45 PM | L                   |
| Oct 13, 2018 | Sat      | Regular Season (Burnt Hills Invitational)     | Colonie High School  | 9:00 AM    |          | Saratoga Spa State Park   |                         |  | L                   |
| Oct 13, 2018 | Sat      | Regular Season                                | Guilderland High School  | 9:00 AM    | 4:00 PM  | Saratoga State Park       |                         |  | NL                  |
| Oct 13, 2018 | Sat      | Meet (Burnt Hills Cross Country Invitational) | Vs. Multiple   | 9:15 AM    |          | BH- BL HS                 |                         |  | NL                  |
| Oct 13, 2018 | Sat      | Regular Season (Invitational)                 | Amsterdam  | TBD        |          | Saratoga Spa State Park   |                         |  | NL                  |
| Oct 17, 2018 | Wed      | Regular Season                                | Ballston Spa High School, Albany High School @ Averill Park High School  | 4:15 PM    |          | APHS Cross Country Course | Bus/Driver: Burnt Hills | <b>Departure Point:</b> O'Rourke<br><b>Departure Time:</b> 2:45 PM | L                   |
| Oct 30, 2018 | Tue      | Meet (SSC Championships)                      | Vs. Multiple   | 4:00 PM    |          | Saratoga Spa State Park   | Bus/Driver: Burnt Hills |  | NL                  |

Date: 2026-02-01