

## Coaches:

• Chip Button, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2024	Tue	Regular Season	Averill Park High School, Niskayuna High School @ Shenendehowa High School	5:15 PM		Shen Cross Country Trail		L
Sep 17, 2024	Tue	Regular Season	Saratoga Springs High School @ Bethlehem High School	4:15 PM		Elm Avenue Park		L
Sep 24, 2024	Tue	Regular Season	Shaker High School, Columbia High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 1, 2024	Tue	Regular Season	Christian Brothers Academy, Albany, Colonie High School, Guilderland High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 8, 2024	Tue	Regular Season	Ballston Spa High School @ Schenectady High School	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna		L
Oct 12, 2024	Sat	Regular Season (Invitational)	TBD	8:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	Little Falls	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season	LaFayette	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills XC Invitational)	Our Lady of Lourdes	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season	Lake George, Saratoga Springs High School, Niskayuna High School, Shaker High School, Shenendehowa High School, Ballston Spa High School, Colonie High School	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (BH-BL XC Invitational)	Amsterdam	9:00 AM		Saratoga Spa State Park		L
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	Chatham	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	Hudson Falls	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Broadalbin-Perth	9:15 AM		Saratoga Spa State Park		NL

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Oct 12, 2024	Sat	Regular Season (BH-BL Invitational)	Edmeston (Edmeston/Morris)	9:30 AM	Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills/Balston Spa Cross-Country Invitational)	Waterville	11:00 AM	Saratoga Spa State Park		L
Oct 12, 2024	Sat	Regular Season (XC Invitational)	Greenville	12:15 PM	Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills XC Invitational )	Granville (Granville- Whitehall-Hartford)	TBD	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	12:30 PM	Saratoga Spa State Park		NL
Nov 9, 2024	Sat	Post-Season (Sectionals )	TBD	11:30 AM	Queensbury HS		L

Date: 2025-12-19