

Coaches:

• Chip Button, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|---------------|-------------|----------------------------------|----------------|----------------------------|
| Sep 5, 2023 | Tue | Regular Season | Shenendehowa High School, Niskayuna High School @ Averill Park High School | 4:15 PM | 5:55 PM | Schodack Island State Park | | L |
| Sep 12, 2023 | Tue | Regular Season | Saratoga Springs High School, Bethlehem High School | 4:15 PM | 5:55 PM | Saratoga Spa State Park | | L |
| Sep 19, 2023 | Tue | Regular Season | Albany High School, Columbia High School @ Shaker High School | 4:15 PM | 5:55 PM | Colonie Town Park | | L |
| Oct 3, 2023 | Tue | Regular Season | Colonie High School, Guilderland High School @ Christian Brothers Academy, Albany | 4:15 PM | 5:55 PM | Colonie Town Park | | L |
| Oct 10, 2023 | Tue | Regular Season | Schenectady High School, Troy, Ballston Spa High School | 4:15 PM | 5:55 PM | Saratoga Spa State Park | | L |
| Oct 13, 2023 | Fri | Regular Season | LaFayette | TBD | | Saratoga Spa State Park | | NL |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Cross Country Invitational) | Broadalbin-Perth | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invy) | Colonie High School, Granville (Granville- Whitehall-Hartford), Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Troy, Greenville, Queensbury, Scotia- Glenville, Glens Falls | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 14, 2023 | Sat | Regular Season (4Burnt Hills Cross Country Invitational) | Hudson Falls | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 14, 2023 | Sat | Regular Season | Scotia-Glenville | 9:00 AM | | Saratoga Spa State Park | | L |
| Oct 14, 2023 | Sat | Regular Season (41st Burnt Hills Cross- Country Invitational, Saratoga State Park, Saratoga Springs) | Waterville | 9:00 AM | | Saratoga Spa State Park | | L |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invitational) | Chatham | 9:15 AM | | Saratoga Spa State Park | | NL |
| Oct 28, 2023 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:00 PM | 3:55 PM | Saratoga Spa State Park | | NL |

Date: 2024-05-06