

## Coaches:

• Chip Button, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2022	Sat	Regular Season (Fonda-Fultonville XC Invy)	@ Fonda-Fultonville	10:00 AM		Fonda- Fultonville HS		NL
Sep 6, 2022	Tue	Regular Season	Ballston Spa High School, Bethlehem High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Sep 20, 2022	Tue	Regular Season	Shaker High School, Saratoga Springs High School @ Albany High School		5:55 PM	Capital Hills Golf Course		L
Sep 27, 2022	Tue	Regular Season	Schenectady High School, Niskayuna High School, Shenendehowa High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 3, 2022	Mon	Regular Season	Troy, Guilderland High School @ Colonie High School	4:15 PM	5:55 PM	The Crossings of Colonie		L
Oct 11, 2022	Tue	Regular Season	Columbia High School, Christian Brothers Academy, Albany	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Saratoga Springs High School, Niskayuna High School, Schenectady High School, South Glens Falls, Granville (Granville-Whitehall- Hartford), Oneonta, Schuylerville, Shaker High School, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School	9:00 AM		Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season	New Rochelle	9:00 AM		Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Amsterdam	9:00 AM		Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season	Scotia-Glenville	9:15 AM		TBD		L
Oct 15, 2022	Sat	Regular Season	Chatham	9:15 AM		Saratoga Spa State Park		NL
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Johnstown	9:15 AM		Saratoga Spa State Park		NL

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2022	Sat	Regular Season (40th Annual Burnt Hills Cross-Country Invitational)	Waterville	9:15 AM		Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills)	North Warren	9:15 AM		Saratoga Spa State Park		NL
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	Utica Proctor	10:00 AM		Saratoga Spa State Park		NL
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-13