



Burnt Hills-Ballston Lake HS

(G) MOD9 Cross Country

Coaches:

- Alex James
- Joseph Carr

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Saratoga Springs High School, Bethlehem High School	4:30 PM	6:10 PM	BH- BL HS		L
Sep 20, 2023	Wed	Regular Season	Albany High School, Columbia High School @ Shaker High School	4:30 PM	6:10 PM	Colonie Mohawk River Town Park		L
Sep 27, 2023	Wed	Regular Season	Shenendehowa High School, Niskayuna High School (Modified) @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course		L
Oct 4, 2023	Wed	Regular Season	Colonie High School @ Guilderland High School	9:00 AM	11:00 AM	CBA, Albany		L
Oct 4, 2023	Wed	Meet (Cross Country Meet Boys and Girls)	Vs. Multiple	4:30 PM	6:00 PM	CBA, Albany		NL
Oct 11, 2023	Wed	Regular Season	Schenectady High School (Modified), Ballston Spa High School	4:30 PM	6:10 PM	TBD		L
Oct 14, 2023	Sat	Regular Season (4th Annual Burnt Hills CC Invitational)	Schuylerville, Shaker High School, Granville (Granville-Whitehall-Hartford), Colonie High School	9:00 AM		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Hudson Falls	9:00 AM		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Broadalbin-Perth	9:00 AM		Saratoga Spa State Park		NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park		NL

Date: 2025-12-13