

## Coaches:

- Alex James
- Joseph Carr

| DATE         | WEEK<br>DAY | TYPE  | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION                                | DEPARTURE                         | TRANSPORTATION                    | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|---|---------------|-------------|---|-----------------------------------|-----------------------------------|----------------------------|
| Sep 11, 2019 | Wed         | Regular Season                                    | Averill Park High School, Niskayuna High School (Modified) @ Guilderland High School                                | 4:15<br>PM    |             | Tawasentha<br>Park                      | <b>Bus/Driver:</b><br>Burnt Hills | <b>Departure Time:</b><br>2:35 PM | L                          |
| Sep 18, 2019 | Wed         | Regular Season<br>(at CBA<br>campus)              | Colonie High<br>School @<br>Ballston Spa<br>High School   | 4:15<br>PM    | 5:55<br>PM  | Colonie<br>Town Park                    | Bus/Driver:<br>Burnt Hills        | <b>Departure Time:</b> 2:45 PM    | L                          |
| Sep 25, 2019 | Wed         | Regular Season                                    | Saratoga<br>Springs High<br>School,<br>Bethlehem<br>High School   | 4:15<br>PM    | 5:55<br>PM  | Saratoga<br>Spa State<br>Park           |                                   |                                   | L                          |
| Oct 3, 2019  | Thu         | Regular Season                                    | @ Shaker High<br>School   | 4:15<br>PM    | 5:55<br>PM  | Colonie<br>Mohawk<br>River Town<br>Park |                                   | <b>Departure Time:</b> 2:45 PM    | L                          |
| Oct 12, 2019 | Sat         | Regular Season<br>(@ Burnt Hills<br>Invitational) | Greenville,<br>Colonie High<br>School,<br>Ballston Spa<br>High School,<br>Stillwater,<br>Queensbury,<br>Glens Falls | 9:15<br>AM    |             | TBD                                     |                                   |                                   | NL                         |
| Oct 16, 2019 | Wed         | Regular Season                                    | Schenectady<br>High School<br>(Modified),<br>Albany High<br>School @<br>Shenendehowa<br>High School                 | 4:15<br>PM    | 5:55<br>PM  | Shen Cross<br>Country<br>Trail          | Bus/Driver:<br>Burnt Hills        | <b>Departure Time:</b> 2:35 PM    | L                          |
| Oct 26, 2019 | Sat         | Meet (SSC<br>Championships)                       | Vs. Multiple  | 1:30<br>PM    |             | Saratoga<br>Spa State<br>Park           | Bus/Driver:<br>burnt hills        | <b>Departure Time:</b> 8:45 AM    | NL                         |

Date: 2025-12-17