



# Burnt Hills-Ballston Lake HS

## (G) MOD9 Cross Country

### Coaches:

- Alex James
- Joseph Carr

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2023	Wed	Regular Season	Albany High School, Columbia High School @ Shaker High School	4:30 PM	6:10 PM	Colonie Mohawk River Town Park		L
Sep 27, 2023	Wed	Regular Season	Shenendehowa High School, Niskayuna High School (Modified) @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course		L
Oct 4, 2023	Wed	Regular Season	Colonie High School @ Guilderland High School	9:00 AM	11:00 AM	CBA, Albany		L
Oct 4, 2023	Wed	Meet (Cross Country Meet Boys and Girls)	Vs. Multiple	4:30 PM	6:00 PM	CBA, Albany		NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park		NL

Date: 2024-05-01