



# Burnt Hills-Ballston Lake HS

## (G) V Cross Country

### Coaches:

- Megan James, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Shaker High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 9, 2025	Tue	Regular Season	Averill Park High School, Niskayuna High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 17, 2025	Wed	Regular Season	Schenectady High School @ Shenendehowa High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 30, 2025	Tue	Regular Season	Albany High School, Saratoga Springs High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 7, 2025	Tue	Regular Season	Columbia High School, Bethlehem High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 11, 2025	Sat	Regular Season (Burnt Hills Invy)	Shaker High School, Lake George, Niskayuna High School, Ballston Spa High School, Schuylerville, Greenville, Cato-Meridian (Blue Devils), Gloversville, Colonie High School, TBD	9:00 AM	5:25 PM	Saratoga Spa State Park		NL
Oct 11, 2025	Sat	Regular Season (Burnt Hills XC Invitational )	Little Falls	9:00 AM		Saratoga Spa State Park		NL
Oct 11, 2025	Sat	Regular Season (Invitational)	Coxsackie-Athens	9:00 AM	3:25 PM	Saratoga Spa State Park		NL
Oct 11, 2025	Sat	Regular Season (Saratoga State Park)	Oneonta	9:00 AM	3:25 PM	Saratoga Spa State Park		NL
Oct 11, 2025	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Broadalbin-Perth	10:00 AM	3:25 PM	Saratoga Spa State Park		NL
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park		NL
Nov 8, 2025	Sat	Post-Season	TBD	11:00 AM	3:25 PM	Queensbury HS		L
Nov 15, 2025	Sat	Post-Season (NYS Championships)	TBD	9:00 AM	11:25 AM	Queensbury HS		NL

Date: 2025-12-05