



Burnt Hills-Ballston Lake HS

(G) V Cross Country

Coaches:

- Megan James, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2023	Tue	Regular Season	Shenendehowa High School, Niskayuna High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Sep 12, 2023	Tue	Regular Season	Saratoga Springs High School, Bethlehem High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 19, 2023	Tue	Regular Season	Albany High School, Columbia High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 3, 2023	Tue	Regular Season	Colonie High School @ Guilderland High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 10, 2023	Tue	Regular Season	Schenectady High School, Troy, Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 13, 2023	Fri	Regular Season	LaFayette	TBD		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Queensbury, Troy, Glens Falls	8:00 AM		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Broadalbin-Perth	9:00 AM		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (4Burnt Hills Cross Country Invitational)	Hudson Falls	9:00 AM		Saratoga Spa State Park		NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Chatham	9:15 AM		Saratoga Spa State Park		NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-05