



Burnt Hills-Ballston Lake HS

(G) V Cross Country

Coaches:

- Megan James, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Ballston Spa High School, Bethlehem High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park			L
Sep 20, 2022	Tue	Regular Season	Shaker High School, Saratoga Springs High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course			L
Sep 27, 2022	Tue	Regular Season	Schenectady High School, Niskayuna High School, Shenendehowa High School	4:15 PM	5:55 PM	Saratoga Spa State Park			L
Oct 1, 2022	Sat	Regular Season (McQuaid Invy @ Genesee Valley Park)	@ TBD	TBD		TBD	Bus/Driver: Burnt Hills		NL
Oct 3, 2022	Mon	Regular Season	Troy, Guilderland High School @ Colonie High School	4:15 PM	5:55 PM	The Crossings of Colonie			L
Oct 11, 2022	Tue	Regular Season	Columbia High School	4:15 PM	5:55 PM	Saratoga Spa State Park			L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	New Rochelle	9:00 AM		Saratoga Spa State Park			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, South Glens Falls, Oneonta, Saratoga Springs High School, Granville (Granville-Whitehall-Hartford), Shaker High School, Schuylerville, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School	9:00 AM		Saratoga Spa State Park	Bus/Driver: Burnt Hills		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Amsterdam	9:00 AM		Saratoga Spa State Park			L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	Johnstown	9:15 AM		Saratoga Spa State Park			NL
Oct 15, 2022	Sat	Regular Season	Scotia-Glenville	9:15 AM		Saratoga Spa State Park			L
Oct 15, 2022	Sat	Regular Season (Non-League)	North Warren	9:15 AM		Saratoga Spa State Park			NL
Oct 15, 2022	Sat	Regular Season	Chatham	9:15 AM		Saratoga Spa State Park			NL
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park			NL

Date: 2025-12-14