

## Coaches:

• Megan James, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 4, 2021	Sat	Regular Season	High School, Shenendehowa High School, Academy of Holy Names, Voorheesville, Ballston Spa High School, Rome Free Academy, Queensbury @ Niskayuna High School	9:30 AM	Iroquois Middle School		NL
Sep 14, 2021	Tue	Regular Season	Averill Park High School, Ballston Spa High School, Bethlehem High School	5:00 PM	Saratoga Spa State Park		L
Sep 18, 2021	Sat	Regular Season (17th Annual Queensbury- Adirondack Cross Country Classic Invitational)	Schuylerville, South Glens Falls, Niskayuna High School, Bethlehem High School, Shenendehowa High School, Ballston Spa High School, Greenville, Albany High School, Hadley- Luzerne (Corinth/Hadley Luzerne), Shaker High School, Schenectady High School, Glens Falls, Saratoga Springs High School @ Queensbury	9:00 AM	Queensbury HS, Trails @ Elem. School		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 21, 2021	Tue	Regular Season	Troy, Colonie High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Sep 28, 2021	Tue	Regular Season	Albany High School, Saratoga Springs High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings		L
Oct 5, 2021	Tue	Regular Season	Schenectady High School, Shenendehowa High School @ Niskayuna High School		5:55 PM	Iroquois Middle School		L
Oct 12, 2021	Tue	Regular Season	@ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
CANCELLED Oct 16, 2021	Sat	Regular Season (Burnt Hills Invitational)	Whitesboro	9:00 AM		Saratoga Spa State Park		NL
Oct 16, 2021	Sat	Regular Season (Burnt Hills Invy)	Schenectady High School, South Glens Falls, Queensbury, Niskayuna High School, Ballston Spa High School, Hadley- Luzerne (Corinth/Hadley Luzerne), Greenville, Oneonta, New Hartford, Oriskany, Saratoga Springs High School, Shaker High School, Johnstown, Troy, Scotia- Glenville, North Warren, Chatham	9:00 AM		Saratoga Spa State Park	Bus/Driver: Burnt Hills	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM	4:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-14