

Bethlehem High School
(G) V Wrestling

Coaches:
• Sarah Trombadore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2025	Tue	Regular Season 39-15 W	@ Averill Park High School	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Dec 11, 2025	Thu	Regular Season 50-10 W	Colonie High School	6:00 PM	7:55 PM	High School Gym A		L
Dec 17, 2025	Wed	Regular Season	@ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	6:00 PM	7:55 PM	NHS Blatnick Gym		L
Dec 19, 2025	Fri	Regular Season (Holiday Headlocks Tournament)	Amsterdam, Salem (Salem-Cambridge), Shaker High School, Berlin, Averill Park High School, Guilderland High School, Hoosick Falls, Colonie High School, Dolgeville, Cairo-Durham, Lake George (Warrensburg-Lake George Girls Wrestling), Watervliet (Watervliet), TBD @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:30 PM		NHS NEW GYM		NL
Jan 8, 2026	Thu	Regular Season	Guilderland High School	6:00 PM	7:55 PM	High School Gym A		L
Jan 15, 2026	Thu	Regular Season	Columbia High School	6:00 PM	7:55 PM	High School Gym A		L
Jan 21, 2026	Wed	Regular Season	@ Shaker High School	6:00 PM	7:55 PM	Shaker High School- F gym		L
Jan 28, 2026	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)		L
Feb 2, 2026	Mon	Regular Season	Burnt Hills-Ballston Lake HS	6:00 PM	7:55 PM	High School Gym A		L

Date: 2025-12-14