

Bethlehem High School  
(G) V Wrestling

Coaches:  
• Sarah Trombadore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2023	Wed	Regular Season	Colonie High School	5:00 PM		High School Gym A		L
Dec 6, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS	5:00 PM		High School Gym A		L
Dec 15, 2023	Fri	Regular Season (Niskayuna Tournament)	TBD, Colonie High School, Shaker High School, Salem (Salem-Cambridge), Shenendehowa High School, Guilderland High School, Burnt Hills-Ballston Lake HS, Whitehall @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	4:00 PM		Niskayuna High School		NL
Dec 20, 2023	Wed	Regular Season	Columbia High School	5:00 PM		High School Gym A		L
Jan 3, 2024	Wed	Regular Season	@ Colonie High School	5:00 PM		Colonie High School PIT (Secondary Gymnasium)		L
Jan 11, 2024	Thu	Regular Season	@ Shenendehowa High School	6:00 PM		Shen High School East Gym 2 (New)		L
Jan 17, 2024	Wed	Regular Season	Shaker High School	5:00 PM		High School Gym A		L
Jan 23, 2024	Tue	Regular Season	@ Guilderland High School	5:00 PM	5:55 PM	Guilderland High School East Gym		L
Jan 25, 2024	Thu	Regular Season	@ Schenectady High School (Niskayuna/Schenectady)	5:00 PM		Niskayuna High School		L

Date: 2026-01-20