

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|------------------------------|------------|----------|---|----------------|---------------------|
| Aug 30, 2019 | Fri | Regular Season 5-4 W | Arlington | 3:00 PM | | High School Varsity Lacrosse/Soccer | | NL |
| Sep 3, 2019 | Tue | Regular Season 3-1 W | Burnt Hills-Ballston Lake HS | 5:00 PM | 5:55 PM | High School Varsity Lacrosse/Soccer | | L |
| Sep 5, 2019 | Thu | Regular Season 7-4 W | Shaker High School | 4:15 PM | 5:55 PM | High School Varsity Lacrosse/Soccer | | L |
| Sep 7, 2019 | Sat | Regular Season (@BHBL) 1-2 L | Hauppauge | 12:30 PM | | TBD | | NL |
| Sep 8, 2019 | Sun | Regular Season (@Niskayuna High School) 3-1 W | Valley Stream South | 11:15 AM | | TBD | | NL |
| Sep 10, 2019 | Tue | Regular Season 3-2 W | Averill Park High School | 4:15 PM | 5:55 PM | High School Varsity Lacrosse/Soccer | | L |
| Sep 19, 2019 | Thu | Regular Season 2-1 W | @ Guilderland High School | 4:15 PM | 5:55 PM | Snyder Field - Varsity Soccer & Boys Lacrosse | | L |
| Sep 24, 2019 | Tue | Regular Season 2-0 W | Saratoga Springs High School | 4:45 PM | 5:55 PM | High School Varsity Lacrosse/Soccer | | L |
| Sep 26, 2019 | Thu | Regular Season 3-1 W | @ Shenendehowa High School | 4:15 PM | 5:55 PM | Shen Field 8 | | L |
| Oct 1, 2019 | Tue | Regular Season 7-0 W | @ Schenectady High School | 4:15 PM | 6:00 PM | Larry Mulvaney Field | | L |
| Oct 2, 2019 | Wed | Regular Season 7-0 W | @ Columbia High School | 4:15 PM | 5:55 PM | Nicholas Budowski Field - Columbia H.S. | | L |
| Oct 5, 2019 | Sat | Regular Season 6-0 W | Troy | 2:00 PM | 4:40 PM | High School Varsity Lacrosse/Soccer | | L |
| Oct 10, 2019 | Thu | Regular Season 5-1 W | @ Niskayuna High School | 4:15 PM | 5:55 PM | High School | | L |
| Oct 12, 2019 | Sat | Regular Season 9-0 W | Ballston Spa High School | 9:00 AM | | High School Varsity Lacrosse/Soccer | | L |
| Oct 15, 2019 | Tue | Regular Season 11-0 W | Albany High School | 7:00 PM | 8:55 PM | High School Varsity Lacrosse/Soccer | | L |
| Oct 18, 2019 | Fri | Regular Season 4-3 W | @ Colonie High School | 7:00 PM | 8:55 PM | Colonie High School MUG | | L |
| Oct 21, 2019 | Mon | Scrimmage (scrimmage) | Queensbury | 4:00 PM | | High School | | NL |
| Oct 30, 2019 | Wed | Post-Season (@Mechanicville) | Shaker High School | 6:30 PM | | TBD | | L |