

# Bethlehem High School

## (B) V Cross Country

### Coaches:

- Andrew Rickert, Head Coach
- Ciena Lentz, Asst Coach
- Christian Verstandig, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Guilderland High School, Averill Park High School @ Schenectady High School	4:15 PM	5:55 PM	Central Park		L
Sep 9, 2025	Tue	Regular Season 50-15 L	Saratoga Springs High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Sep 16, 2025	Tue	Regular Season	Shaker High School, Christian Brothers Academy, Albany @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 30, 2025	Tue	Regular Season	Shenendehowa High School, Niskayuna High School, Ballston Spa High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Oct 7, 2025	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Columbia High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park		NL

Date: 2025-12-05