

# Bethlehem High School

## (B) V Cross Country

### Coaches:

- Andrew Rickert, Head Coach
- Ciena Lentz, Asst Coach
- Christian Verstandig, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2021	Fri	Regular Season (The Springstead Invitational )	Colonie High School @ Shaker High School	4:00 PM		The Crossings of Colonie		L
Sep 14, 2021	Tue	Regular Season	Averill Park High School, Ballston Spa High School @ Burnt Hills-Ballston Lake HS	5:00 PM		Saratoga Spa State Park		L
Sep 18, 2021	Sat	Regular Season (Queensbury Adirondack XC Invitational)	Schuylerville, South Glens Falls, Niskayuna High School, Hadley-Luzerne (Corinth/Hadley Luzerne), Albany High School, Greenville, Ballston Spa High School, Shenendehowa High School, Saratoga Springs High School, Shaker High School, Schenectady High School, Glens Falls @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 21, 2021	Tue	Regular Season	Albany High School, Shenendehowa High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Sep 28, 2021	Tue	Regular Season	Christian Brothers Academy, Albany, Niskayuna High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 5, 2021	Tue	Regular Season	Columbia High School, Troy @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 12, 2021	Tue	Regular Season	Schenectady High School, Shaker High School, Colonie High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Oct 22, 2021	Fri	Regular Season (Albany Kiwanis Meet)	Albany Academies, Albany High School, Berne-Knox-Westerlo, Christian Brothers Academy, Albany, Cohoes, Guilderland High School, Ravena-Coeymans, Shaker High School, Voorheesville, Watervliet @ Colonie High School	3:30 PM	5:15 PM	The Crossings of Colonie		L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM	4:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-13

