

# LONG MIDDLE

## (B) 7/8TH Cross Country

Coaches:

| DATE         | WEEK DAY | TYPE                                    | OPPONENTS    | START TIME | END TIME | LOCATION                     | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|---|--------------|------------|----------|------------------------------|-----------------------------|
| Oct 15, 2022 | Sat      | Meet (Middle School Cross-Country Meet) | Vs. Multiple | 9:00 AM    |          | Jesse Owens Memorial Complex | NL                          |

Date: 2026-01-26